

SELF DEFENSE MECHANISMS IN  
THE MAIN CHARACTER OF CHARLOTTE BRONTE'S  
JANE EYRE

A THESIS

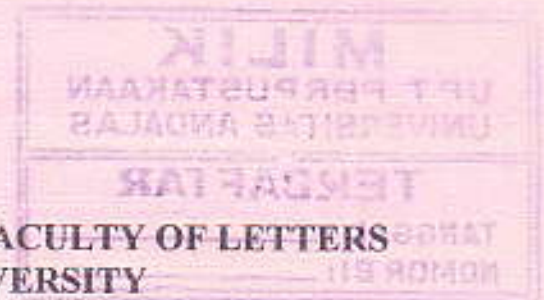
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## ABSTRAK

Penelitian ini menganalisa bagaimana 3 zona terpenting dalam kepribadian manusia (id, ego, dan superego) menjembatani terbentuknya proses mekanisme pertahanan dalam diri seseorang yang digambarkan oleh Charlotte Bronte melalui karakter utama dalam karyanya Jane Eyre. Berdasarkan data yang ditemukan dalam novel ini, terdapat beberapa bentuk jenis metode pertahanan dalam diri seseorang sebagai bentuk akibat dari dorongan-dorongan yang dianggap bisa menimbulkan suatu ketakutan. Tujuan dari penulisan skripsi ini adalah untuk mengetahui peranan id, ego, dan superego dalam kepribadian seseorang yang nantinya akibat dari dorongan-dorongan id, ego, dan superego tersebut akan muncul jenis-jenis pertahanan diri dalam kepribadian seseorang yg dalam novel ini direpresentasikan oleh Jane Eyre sebagai tokoh utama dalam novel.

Penulis menganalisa novel ini dengan menggunakan pendekatan objektif oleh MH.Abrams dan teori psikologi sastra yang dikemukakan oleh Sigmund Freud. Teori ini bisa membantu penulis dalam menjawab permasalahan-permasalahan yang dimunculkan oleh penulis dalam skripsi ini sehingga pengkajian skripsi ini dapat terfokus dalam menganalisa novel ini. Untuk menganalisa novel ini penulis menggunakan novel Jane Eyre sebagai sumber data utama dan sumber data lainnya yang berasal dari buku, internet, artikel, dan sumber lain yang menunjang penelitian ini.

Setelah menganalisa novel ini, penulis menyimpulkan bahwa trauma yang dialami Jane Eyre sebagai akibat dari ketakutan akan masa lalunya, menimbulkan beberapa mekanisme untuk mempertahankan dirinya seperti represi, rasionalisasi, dan pembentukan reaksi. Mekanisme pertahanan diri itu muncul dengan sendirinya ketika Jane mengalami suatu keadaan dimana dirinya merasakan suatu ketakutan.

## CHAPTER 1

INTRODUCTION MILIK  
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### 1.1 Background of the Research

Literary work is regarded as a presentation of life that organizes and clarifies the significance of facts. It can be social document, which reflects the true life of human being taking peace as a target of his life. It also has close relationship with human psychology because human being as one of the object in literary work has beliefs, desires, thought, and perception.

Reading and studying literature can wish our knowledge, enlarge experience and get more understanding about life and nature. Studying about literature means studying about something which closely related with humans thought, problem, feeling, conflict and their style of life because of that literature was interesting to be analyzed. By reading literature can enrich our life because there are many kinds of literary experience in literary work.

Literary work is also as a manifestation of writer's psychology such as traumatic, experiences, desires, feeling, and unconscious minds. The psychological indication of the writer can be reflected through the literary work that is usually represented in the characters that the writer has made. Each character has conflict that makes their life disquiet and unpleasant and influences their personality.

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Psychological of literature is a study that considering as the psychology activities. The writer will use idea, sense, and activity in to do work. So does the reader, in analyze a work the reader cannot separate from each psyche. The basic assumption of psychological of literature is influenced with some aspects. First, the assumption that literary wok is the psychology's product from the writer's psyche. The power of literary work can be seen from how far the writer can explain his unconscious expression into a work. Second, the psychological of literature not only focus on the writer's psyche but also on the characterization as the result of the writer's idea.

Based on this explanation, the writer is interested to analyze the psychology of Jane Eyre as the main character in Charlotte Bronte's novel entitled Jane Eyre by the psychological theory on self defense mechanism. This novel presents Jane Eyre's life as the main discussion.

Jane Eyre is an 1847 novel by Charlotte Bronte, published by Smith, Elder & Company, London. It is Bronte's strongest work and one of the most famous of British novels. Charlotte Bronte (April 21, 1816-March 31, 1855) was an English novelist and the eldest of the three Bronte sisters whose novels have become standards of English Literature. The novel was an immediate critical and popular success. Besides Jane Eyre, her other great works are Poems by Currer, Ellis and Acton Bell (1846), Shirley: A Tale (1849), Villette (1853), The Professor: A Tale (1857), The Twelve Adventures and Other stories (1925).

In Jane Eyre, Bronte shows the life of Jane Eyre as an orphaned who lives under her cruel aunt's charity. She never knows about her parent. In faces her life, Jane Eyre gets much oppression from surrounding, whether it is from her relatives, her teacher, or her master. The oppression that she gets gives influence toward her three important component of personality. Jane Eyre becomes interesting to be discussed because it gives another perspective to the writer in analyzing this novel by seeing self defense mechanism in Jane's behavior and also because this story is written by a woman who knows many things about psychology, feeling, and everything. This novel is a kind of romantic novel that tells about Jane's life, including her love life. Since conflicts are resulted by the imbalanced id, ego, and superego, therefore self defense mechanism must take place in the mental process. The other reason why the writer chooses the novel as a thesis because the language of this novel is simply and suitable with the readers who almost of them not using English as the first language and so as daily language. The end reason is the story of this novel is enjoyable and memorable.

Based on the explanation above the writer is motivated to analyze this novel by applying psychological approach to the novel and entitles the thesis "**Self Defense Mechanisms in the Main Character of Charlotte Bronte's Jane Eyre.**"

## CHAPTER 5

## CONCLUSION

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After analyzing Charlotte Bronte's Jane Eyre, the writer gets a full description of kinds of self defense mechanisms that is presented by Bronte in her novel. In Jane Eyre's life, she faces some conflicts, such as abuse or oppression that she gets from her family and her teachers in Lowood, the cancel of her marriage because of Mr. Rochester still married to someone, and many more. The conflicts happen are caused of the unbalance of her three psychic zones (id, ego, and superego). Conflicts can make the anxiety. The anxiety can be traced by the ego anxiety toward the uncontrolled push of id. People try to escape from the anxiety by using self defense mechanisms and it is exists in Jane Eyre's life. In facing her conflicts, she uses repression, reaction formation, and rationalization in order to balancing her id, ego, and superego and to protect ego.

Repression uses by Jane Eyre when she faces the unfair thing that happen toward her best friend that reminds her to the unfair thing that she gets when she is in her cruel aunt's house. As Freud says, the characterize of people that using repression as self defense is she avoid the bad situation in order to avoid from the anxiety or when she already faces the bad situation she use repression to reduce the anxiety because of the problem.

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Jane also uses reaction formation as self defense in order to avoid social punishment and also to reduce the anxiety. Kinds of reaction formation that Jane does are from the negative into the positive. She hates her aunt because her aunt is cruel when she is in her aunt's charity but when her aunt sick and needs her help she acts that she really love her aunt by showing her exaggerated attitude. The last, rationalization, Jane use it to reduce her disappoint or anxiety be caused of losing her beloved man. Jane use rational reason to reduce her anxiety.

After all, this thesis could be useful and valuable to those who are interested in English Literature. Through the study, the writer wishes that readers would understand better sense of Charlotte Bronte in Jane Eyre.

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