#### **ORAL CANCER**

Wirsma Arif Harahap Konsultan Bedah Tumor FK - UNAND



# What is oral cancer?

- Usually squamous cell (epithethial)
- Abnormal neoplasm of the mouth
- Found in most cases by a dentist or the person themselves.

# Statistics

- 30,000 people a year diagnosed
- 8,000 deaths
- Higher then:
  - Cervical cancer
  - Hodgkin's disease
  - Brain cancer
  - Liver cancer
  - Testicular cancer
  - Kidney cancer
  - And malignant skin cancer

# Statistics on Oral Cancer

- Accounts for 2% of all cancers
- 40 years of age and older are at a higher risk
- Over 35,000 people will be diagnosed
- Over 7,600 will die from the disease
- Mortality Rate Is Higher Than Other Cancers





#### **Relative Locations of Intraoral Cancers by Percentage**

Tongue	50%
Floor of the mouth	25%
Soft palate and oropharynx	15%
Gingiva	5%
Buccal mucosa	5%



# Who is at risk?

- People over the age of 40
  - Men vs. Women
  - Ethnicity
  - Socioeconomic Status (SES)
- Being a heavy smoker and drinker
- Chronic irritation
- People with HPV-16 and HPV-18 are at slightly higher risk

# HPV and oral cancer

- 1% of oral cancer is linked to HPV
- HPV infects epithelial cells
- On a cellular level the mouth is similar to the vagina and cervix
- Smoking and drinking alcohol can promote HPV invasion

#### Precancer : leukoplakia



### Precancer : eritroplakia



Tissue of Origin	Benign Tumors	Malignant Tumors
Epithelium		
Squamous cells	Papilloma	Squamous cell carcinoma
Basal cells		Basal cell carcinoma
Glands or ducts	Adenoma	Adenocarcinoma
Neuroectoderm		
Melanocytes	Nevus	Melanoma
Connective tissue		
Fibrous	Fibroma	Fibrosarcoma
Cartilage	Chondroma	Chondrosarcoma
Bone	Osteoma	Osteosarcoma
Fat	Lipoma	Liposarcoma
Endothelium		
Blood vessels	Hemangioma	Angiosarcoma
Lymphatic vessels	Lymphagioma	Lymphangiosarcoma
Muscle		
Smooth muscle	Leiomyoma	Leiomyosarcoma
Striated muscle	Rhabdomyoma	Rhadomyosarcoma

# Signs and symptoms

- Sores or lesions that won't heal
- Lump or thickening in the cheek
- White or red patches on the gums, tonsils, or mouth
- Chronic sore throat
- Difficulty swallowing
- Difficulty moving mouth or tongue
- Numbness in any area of the mouth
- Swelling of the jaw

#### Tongue cancer



## **Ginggival Cancer**

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# Oral cancer images





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#### **Common Location**



# Staging

• TNM

# Prognosis



# Treatment

In order to achieve these goals, the currently available therapeutic modalities include:

- Surgery
- Radiotherapy
- Chemotherapy
- Combined modality treatments
- Primary and secondary prevention strategies including lifestyle changes and chemoprevention.

### **Tumor Factors**

- Site
- Size (T-stage)
- Location (anterior versus posterior)
- Proximity to bone (mandible or maxilla)
- Status of cervical lymph nodes
- Previous treatment
- Histology (type, grade, and depth of invasion).

#### **Patient Factors**

- Age
- General medical condition
- Tolerance
- Occupation
- Acceptance and compliance
- · Life style (smoking/drinking)
- Socio-economic considerations.

### **Physician Factors**







### Survival Rate by Stage of Diagnosis



All Rades



# Side Effects of Treatment

- Swelling
- Sore mouth
- Difficulty chewing, swallowing, or talking
- Changes to appearance
- Weight loss
- Inability to wear dentures for a period of time

- Fatigue
- Lowered immune system
- Nausea
- Vomiting
- Mouth sores
- Lost of appetite

# Linkage to Oral Cancer

- Persistent gum disease can lead to oral cancer and other potential life threatening conditions like:
  - Heart Disease
  - Stroke
  - Diabetes
  - Chronic Kidney Disease (CDK)
  - Preterm Birth
  - Human Papilloma Virus (HPV)

# **Health Disparities**

- Health Disparities are differences in health conditions or outcomes among specific population groups in the United States.
  - Some include:
    - Environmental factors rural and urban poor
    - Economical factors working poor
    - Cultural factor language barrier
    - Accessibility to care
    - Quality of care

### Prevention

- Ways To Educate People
  - Advertising & Visuals
  - Developing Culturally Appropriate Messages
  - Educate in local schools, colleges, health clinics, churches, and community centers
- Why It Is Important
  - Early Detection
  - Decrease Mortality Rate