

## **ABSTRAK**

Telah diformulasikan sediaan lulur ekstrak etanol kulit buah asam kandis (*Garcinia cowa* Roxb.) dalam dua formula dengan konsentrasi 1,5% dan 3%. Ekstrak diperoleh dengan cara perkolasai dan dilakukan karakterisasi berupa penentuan rendemen ekstrak, susut pengeringan, kadar abu total, dan kadar air. Lulur diformulasikan dalam bentuk sediaan krim m/a dengan menggunakan tepung beras sebagai *scrub* dan *Virgin Coconut Oil* (VCO) sebagai *moisturizer*. Evaluasi sediaan meliputi pemerian, homogenitas, pH, tipe sediaan, uji daya tercuci sediaan, uji stabilitas, uji daya menyebar, distribusi ukuran partikel, uji iritasi kulit, dan uji kesukaan (hedonik). Hasil pemeriksaan menunjukkan bahwa kedua formula stabil pada 4 siklus pada pengujian *freeze and thaw*. Pada uji hedonik didapatkan hasil bahwa F2 (3%) paling disukai.

## **ABSTRACT**

Body scrub of the ethanolic extract of *Garcinia cowa* Roxb. rinds have been formulated two formulas were prepared containing the extract 1,5% and 3%. The extract were obtained by percolation and it were characterized including content of extract, decrease of drainage, total dust value, and water value. Body scrub was formulated as o/w cream with rice flour as scrub and Virgin Coconut Oil (VCO) as moisturizer. The body scrub were subjected to evaluation procedures including organoleptic, homogeneity, pH value, type of cream, washable test, stability test, spreadability test, distribute of particle size, skin irritation test, and hedonic test. Results showed that two formulas were stable physically during 4 cycle in stability test with freeze and thaw method. Hedonic test indicated that F2 (3%) was the most preffered.