

**FAKULTAS KESEHATAN MASYARAKAT
UNIVERSITAS ANDALAS**

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**FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN PEMBERIAN
MAKANAN PENDAMPING ASI DINI DI WILAYAH KERJA PUSKESMAS
ASAM KUMBANG KABUPATEN PESISIR SELATAN TAHUN 2014**

xi + 62 halaman, 15 tabel, 2 gambar, 11 lampiran

ABSTRAK

Tujuan Penelitian

Cakupan ASI eksklusif di wilayah kerja Puskesmas Asam Kumbang sangat rendah (23,3%) dari 80% target yang ditetapkan. Tujuan penelitian ini untuk mengetahui faktor-faktor yang berhubungan dengan pemberian makanan pendamping ASI dini di wilayah kerja Puskesmas Asam Kumbang tahun 2014.

Metode

Penelitian menggunakan desain *cross sectional study*. Dilaksanakan dari bulan Desember 2013-Juli 2014. Populasinya seluruh ibu yang mempunyai bayi berusia 6-12 bulan sebanyak 61 orang, dengan sampel sebanyak 56 orang berdasarkan teknik *total sampling*. Pengumpulan data dengan menggunakan kuesioner. Pengolahan data dimulai dari *editing, coding, entry* dan *cleaning*. Analisis data dilakukan secara komputerisasi dalam bentuk analisis univariat dan bivariat dengan menggunakan uji statistik *chi square*.

Hasil

Hasil penelitian mendapatkan pemberian MP ASI dini (78,6%), tingkat pengetahuan rendah (76,8%), sikap negatif (46,4%), tenaga kesehatan kurang mendukung (55,4%) dan budaya negatif (73,2%). Analisis bivariat menunjukkan tingkat pengetahuan (*p value*=0,02) dan budaya (*p value*=0,00) mempunyai hubungan dengan pemberian MP ASI dini, namun tidak berhubungan dengan sikap (*p value*=1,00) dan dukungan tenaga kesehatan (*p value*=0,45).

Kesimpulan

Terdapat hubungan antara tingkat pengetahuan dan budaya dengan pemberian makanan pendamping ASI dini di wilayah kerja Puskesmas Asam Kumbang tahun 2014. Untuk itu, diharapkan bidan-bidan dapat meningkatkan penyuluhan dan konseling kepada ibu dan keluarga mengenai pemberian MP ASI yang tepat melalui posyandu dan kunjungan rumah.

Daftar Pustaka : 36 (2006-2013)

Kata Kunci : Pemberian MP ASI dini, bayi

**FACULTY OF PUBLIC HEALTH
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**FACTORS THAT RELATED WITH EARLY COMPLEMENTARY FOOD
GIVEN IN WORKING AREA OF ASAM KUMBANG PUBLIC HEALTH
CENTER, PESISIR SELATAN REGENCY IN 2014**

xi + 62 pages, 15 tables, 2 pictures, 11 appendices

ABSTRACT

Objective

Exclusive breastfeeding coverage in working area of Asam Kumbang Public Health Center is very low (23,3%) from the 80% expected target. This research aims to know factors that related with early complementary food given in working area of Asam Kumbang Public Health Center in 2014.

Method

This research used cross sectional study, conducted on Desember 2013-July 2014. The population was all mothers who have baby in age 6-12 months that was 61 people, and sampling was taken with total sampling technique (56 samples). Data were collected from questionnaire. Data process was started from editing, coding, entry and cleaning. Data analysis was done computerized in univariat and bivariat analysis form, then statistical analysis used chi square test.

Result

The results showed that early complementary food given (78,6%), knowledge level were low (76,8), negative's attitude (46,4%), health officers support were low (55,4%) and negative's culture (73,2%). Bivariat analysis showed that level of knowledge (p value=0,02) and culture (p value=0,00) significantly relation with complementary food given. Attitude (p value=1,00) and health officers support (p value=0,45) was not relation with complementary food given.

Conclusion

There was relation between knowledge level and culture with early complementary food given in working area of Asam Kumbang Public Health Center In 2014. For that, health promotion and counselling by midwives can improve to mothers and family about complementary feeding through home visit and posyandu.

References : 36 (2006-2013)

Keywords : Early complementary feeding, infant