

organization profile





**EMPOWER
MEDICAL STUDENT
TO IMPROVE
NATION'S**

COVERING STUDENTS, MOVING S HEALTH



“CIMSA provides the venue for medical students to go beyond tenuous all-text compartment to generate ideas for improving the health of the society, as proven by its support to WHO health campaigns. I am hopeful that CIMSA will always be about smart young persons, making real efforts to ensure that the people around them get healthier”

dr. Kanchit Limpakarnjanarat
WHO Representative to Indonesia

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CIMSA IN GENERAL

Center for Indonesian Medical Students' Activities is a non-profit, non-government, and non-politic organization facilitating medical students of Indonesia who have intentions to make a great impact on our nation's health with activity-based projects. CIMSA empowers medical students of Indonesia to play their major role in health promotion and prevention as a step to improve nation's health. Also, CIMSA prepares all medical students of Indonesia to increase their capacity in medical fields as future health professionals.

CIMSA was officially established in May, 6th 2001 and currently maintains 18 locals throughout Indonesia with over 6000 members. Since 2002, CIMSA has been affiliated with International Federation of Medical Students' Association (IFMSA), federation of medical students' associations throughout the world, which is recognized by World Health Organization as the international forum for medical students.

CIMSA consists of six standing committees that work based on current global issues which are SCORA for Reproductive Health including AIDS, SCOPH for Public Health, SCORP for Human Rights and Peace, SCOME for Medical Education, SCOPE for Professional Exchange, and SCORE for Research Exchange. Our core activities are sustainable projects with current global issues, community development, training, and exchange opportunities. Essentially, with these activities we feel confident that we can improve Indonesian medical students' capacities so that they will be more ready as future health professionals.

18
UNIVERSITIES

600+
PROJECTS

6000+
MEDICAL
STUDENTS

VISION

“The creation of a healthier and more prosperous Indonesia, where its citizen can have an equal change in attaining quality education and healthcare, as well as the same ability to achieve prosperity and social equality. Culminate universal health coverage, for a healthier world.”

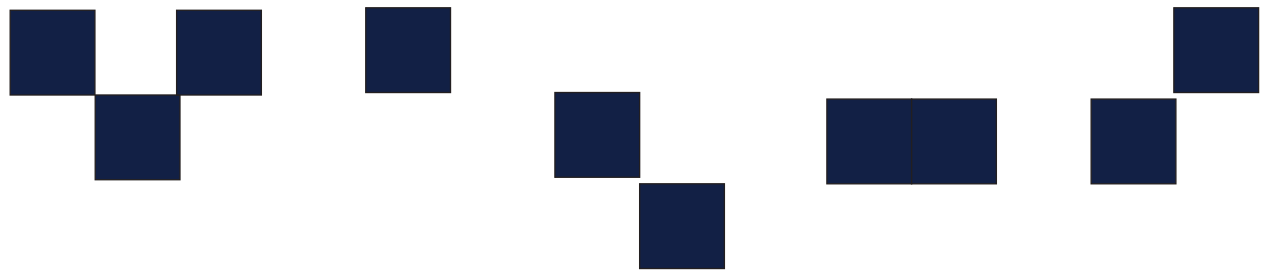
MISSIONS

“To empower medical students to be able to learn and actively create, design strategies and engender movements for improving our nation's health and prosperity.”

in other words

***“Empowering Medical Students,
Improving Nation's Health”***

GOALS



1

To become a bridge between CIMSA members, medical student organizations, and international institutions in order to improve their cooperation for the good of people.

2

Build the capacity of Indonesian medical students to use their skills to educate, and make Indonesia healthier, to actively cooperate with the international society in the effort to improve the health of the world, and to defend the dignity and sovereignty of Indonesia in the eyes of the international society

3

Actively support the improvement of medical education in Indonesia.

4

Provide a forum for Indonesian medical students to discuss topics that related to individual and public health, education and science, and formulate a policy statement from those discussions.

5

To support and facilitate professional and research exchange, as well as projects and trainings for medical students, exposing them to other cultures and their health problems to push forward the profession of medicine.

OUR LOGO



MILESTONES

CIMSA officially established,
May 6th

CIMSA First General
Assembly, May 11th -13th

2001

9 Universities joined CIMSA

2003

2 members of CIMSA were
elected as IFMSA Official

2005

4 members of CIMSA were
elected as IFMSA Official

2007-2008

2002

Affiliated with IFMSA

2004

CIMSA local count: 12

3 members of CIMSA were
elected as IFMSA Official

2006

CIMSA local count: 15

Hosted IFMSA Asia-Pacific
Regional Meeting in Jakarta

1 Member of CIMSA was
elected as IFMSA Official

4 members of CIMSA were elected as IFMSA Official

2010

CIMSA local count: 17
3 members of CIMSA were elected as IFMSA Official

2012

Received a letter of recognition from Indonesian General Directorate of Higher Education

International Women's Day, international collaboration project with NMO IFMSA-Brazil, IFMSA-Morocco, and ASEMCO-Colombia

SGP Extreme, national collaboration project with World Health Organization – Indonesia

World Diabetes Day, national collaboration project with Persatuan Diabetes Indonesia (PERSADIA)

3 members of CIMSA were elected as IFMSA Official

2014-2015

2009

Hosted Asian Collaborative Training on Infectious Disease, Outbreak, Natural Disaster, and Refugee Management in Jakarta

2 members of CIMSA were elected as IFMSA Official

2011

Hosted IFMSA General Assembly March Meeting in Jakarta

Hosted Asian Collaborative Training on Infectious Disease, Outbreak, Natural Disaster, and Refugee Management in Malang

4 members of CIMSA were elected as IFMSA Official

2013-2014

CIMSA local count: 18

Hosted IFMSA Asia-Pacific Regional Meeting in Yogyakarta

4 members of CIMSA were elected as IFMSA Official

"CINTA DARI WAMENA" for World AIDS Day, national collaboration project with PT. CONSORES

JKN Socialization, national collaboration project with Ministry of Health, Republic of Indonesia

Project Thalassemia, National collaboration project with Rotary Indonesia

GALAKSI TAB CIMSA had been successfully sent donation to victims in Gaza, Palestine.

ACHIEVEMENTS



Rina La Dista Nora as the 1st Winner of 1st TB Competition in IFMSA August Meeting 2003, Netherland.



Normansyah Pan as the 1st Winner of 2nd TB Paper Competition in IFMSA August Meeting 2004, Macedonia.



Rizalul Fikrie Sugeng Habibie and Fina Hidayati Tams as the 3rd Winner in TB Project Proposal Competition in IFMSA August Meeting 2004, Macedonia.



Edwina Frisdiantiny as the Winner of International AIDS Conference 2004 in Thailand.



Asian Collaborative Training on Infectious Disease, Outbreak, Natural Disaster, and Refugee Management as the Winner of Rex Crossley Award 2008



Best Project Presentation "Village Concept" in IFMSA General Assembly August Meeting 2008.



Indonesia Disease Today as 10 Best Projects in Rex Crossley Award IFMSA August Meeting 2012.



Asia Community Health Project as Best Project Presentation in Asia Pacific Regional Meeting 2012.



Malaria and Dengue Campaign as 1st Runner Up on HIV/AIDS and Infectious Diseases Category, Indonesian MDGs Award 2011, awarded by the Special Envoy of the President of Republic of Indonesia on MDGs.



Bina Desa CIMSA FK Unpad as 1st Runner Up on Nutrition Category, Indonesian MDGs Award 2011, awarded by the Special Envoy of the President of Republic of Indonesia on MDGs.



Komunitas Peduli HIV/AIDS (KOPHA) by MSCIA UB as Nominations of Indonesian MDGs Award 2012.



Malang Lung Rider by MSCIA UB as Finalist of Rex Crossley Award 2014, IFMSA General Assembly March Meeting.



Torch by SCORE CIMSA UGM as Winner of Project Presentation, IFMSA General Assembly March Meeting 2014.



UN4U as 2nd Place for Best Activities Fair, IFMSA General Assembly March Meeting 2015.



CARDIAC 4 by CIMSA Unissula as the Best Activities Fair, IFMSA Asia-Pacific Regional Meeting 2015.



Against Dengue by CIMSA UNS as the 14 Best Projects in IFMSA, IFMSA General Assembly March Meeting 2015.



Awarded by The Ministry of Youth and Sport Republic of Indonesia for Sustainable Development category at Indonesia Youth Award 2015

Lhokseumawe,
Aceh, Medan



universitas
MALIKUSSALEH

The Blessing University



Riau



Padang



Jakarta

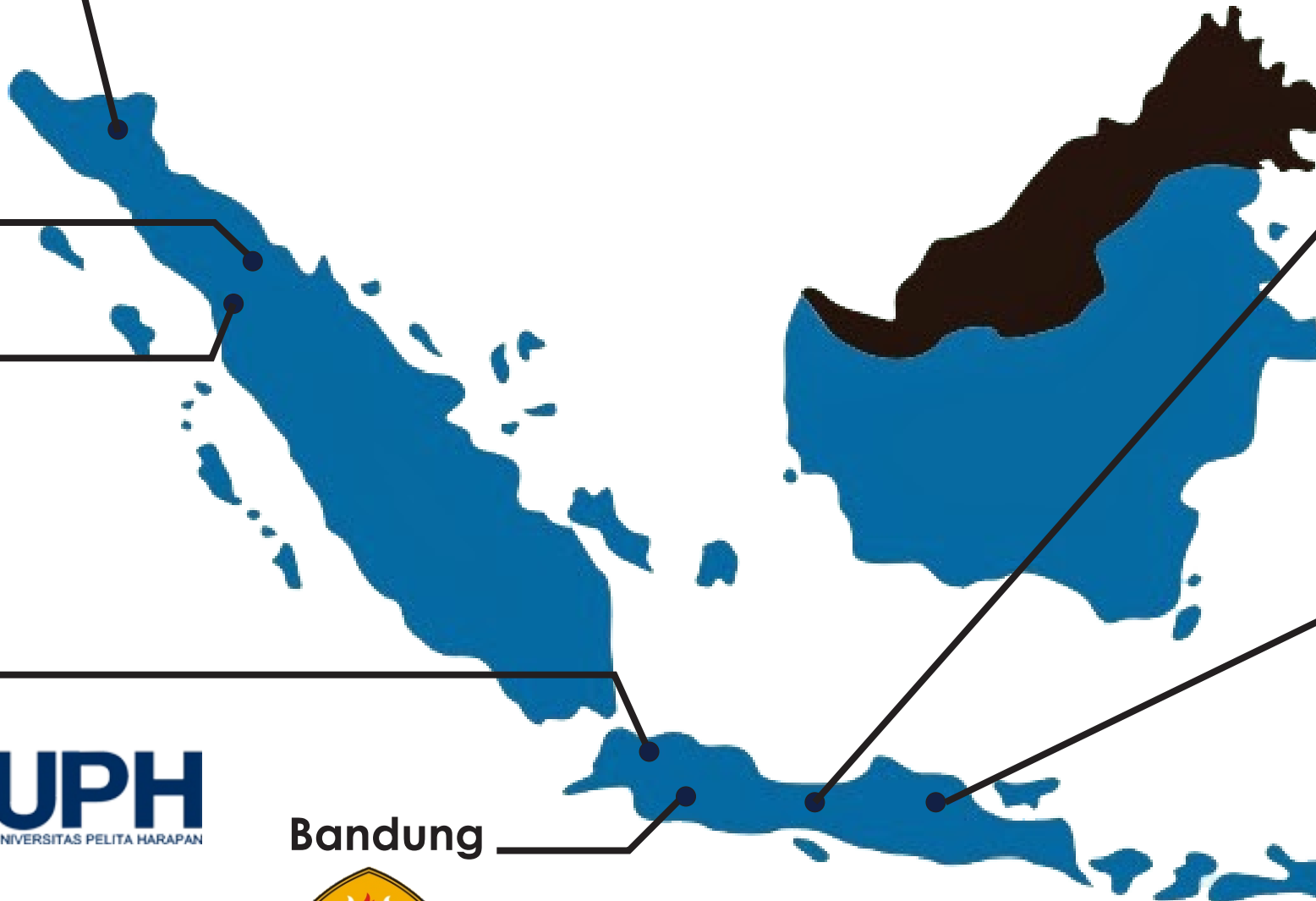


UPH
UNIVERSITAS PELITA HARAPAN

Bandung



LOCAL



COMMITTEES

Semarang



Yogyakarta



Solo




Surabaya




Malang





“We, Thalassemia Foundation Indonesia, state that CIMSA as non-political, non-profit, and activity-based student organizations can show our identity in humanitarian and social activities. The cooperation of CIMSA has gone well and the active roles of the members are shown from the beginning to the end of all activities. The activities that have been implemented either by CIMSA have given benefits to the public and of course, to the members. Our hope is that CIMSA can be the forefront in the implementation of humanitarian and social activities, thus they can indirectly train the members later when they have graduated and can devote themselves to the public professionally and responsibly. So we say, and hopefully CIMSA can be more advanced and make a great impact to the society.”

Rinie Amaluddin, SH, M.Si
Chairman of Thalassemia Foundation Indonesia



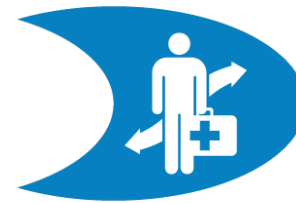
“We are truly given the highest appreciation to Center for Indonesian Medical Students' Activities which has had partnership with us in a project to celebrate World Diabetes Day 2014. We hope that this partnership could be sustainable. This project shows that CIMSA as a non-profit and independent medical students' organization, truly prioritizing an excellent performance and give a real impact to the society. We also congratulate and give the highest appreciation to the national officers of CIMSA and may you achieve more success in the future.”

Prof. Dr. Agung Pranoto, dr., M.Kes., Sp.PD., K-EMD., FINASIM
Chairman of Persatuan Diabetes Indonesia (Persadia)

WE HAVE 6 STANDING COMMITTEES



SCORA
Reproductive Health
including HIV/AIDS



SCOPE
Professional Exchange



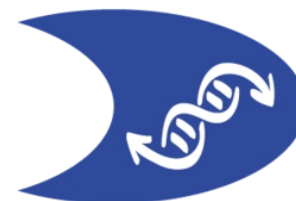
SCOME
Medical Education



SCORP
Human Rights & Peace



SCOPH
Public Health



SCORE
Research Exchange



SCORA

Reproductive Health
including HIV/AIDS

SCORA (Standing Committee on Reproductive Health Including AIDS) exists because so many people are living with HIV and AIDS yet very few know the facts about the aforementioned disease. SCORA is engaged in the field of sexual and reproductive health, HIV/AIDS, maternal health and many other reproductive issues such as sexually transmitted disease, gender issues including gender based violence, sexuality and gender identity, as well as sex education for teenager. We often cooperate with organizations whose goals are similar to ours e.g., UNFPA (United Nations Population Fund) and National AIDS Prevention Commission (Komisi Penanggulangan AIDS Nasional). A major part of our work is focused on HIV/AIDS and its prevention. We tackle this topic through our World AIDS Day Campaigns, our peer education programs, and making sure all of our members are up to date on the latest developments in the fight against HIV.

SCORA has more emphasis in education-based activities as their valued principle: **“The only way of fighting AIDS is through prevention and the only way of prevention is through education”.**

Goals

1. to raise awareness and knowledge of the community on topics related to HIV/AIDS and sexual and reproductive health
2. to facilitate Indonesian medical students to contribute more in the fields of sexual and reproductive health including AIDS
3. to develop programs in the fields of sexual and reproductive health including AIDS which tackles the nation's conditions.
4. to create opportunities for medical students to act for the betterment of the society's sexual and reproductive health.

MISSION STATEMENT

“To provide necessary tools to advocate for sexual and reproductive health and rights within respective communities in a culturally respective fashion.”



HIV is a fast-growing virus that can easily spread among many people, in Jakarta for example, the estimated number of people living with HIV in the city is approaching 100.000 in 2013 based from the UNAIDS report. Based on that fact, the Standing Committee on Reproductive Health including AIDS (SCORA) dedicates one of its major focuses on fighting HIV and preventing its' wildfire-like spread.

Since 1988, the world has begun to celebrate the 1st December as the World AIDS Day, in order to draw people together from every corners in the world to pay tribute to the millions of people living with HIV/AIDS, raise awareness of HIV/AIDS, and of course to make sure that more people can live healthier and longer through education about HIV/AIDS.

World AIDS Day is SCORA's International annual massive campaign. The campaign consists of various projects that aim to appeal to all elements of our society to show concern and act to prevent the spread of the disease, especially in Indonesia, as well as reducing the discrimination against people who are living with HIV/AIDS. Several projects have been organized by SCORA throughout Indonesia, in the form of campaigns, seminars, talk shows, education, training and counseling, charity concerts, long march, advocacy and many more. SCORA CIMSA promotes the international themes of World AIDS Day campaign "Getting to Zero-Zero Discrimination, Zero New Infection and Zero AIDS Related Death" since 2011 until 2015 and will continue by 90-90-90 afterwards (90% of those living with HIV/AIDS will know their status, 90% of people living with HIV/AIDS are on treatment, and 90% of those on treatment have an undetectable viral load, the main goal being to become HIV/AIDS free by 2030).

world aids day

Peer education is a method which is being implemented by youth reproductive health and HIV prevention programs around the world. The Peer education approach offers many benefits to programs, target audiences, and communities. Empirical evidence has shown that well-designed and well-implemented programs can be successful in improving youths' knowledge, attitudes, and skills about reproductive health and HIV prevention because the messages is easily approved by their peer. Finally, research has generally shown that peer education programs also has a larger impact on the educators.

National Peer Education Workshop (NPEW) and Peer Education Superclass (PES) is considered as the epicenter of SCORA's Members' Upgrading. NPEW and PES are two similar programs which is done in an alternate biannual manner where SCORA's members are trained to be educators to their peers (person with relatively same age and background). The trainings given on NPEW and PES are aimed to improve or update members' knowledge, introduce new perspective and modify our members' attitudes regarding SCORA's major focuses (HIV/AIDS, STIs, sexuality and gender issues, and Maternal Health), and also to enhance their skills in terms of becoming a qualified peer educator.

At the end of these events, the participants have to implement all the skills and trainings they received by educating special guests which are considered as their peers, most commonly at a high school or just the college students around them.

national peer education workshop





local peer education training

SCORA is a Standing Committee which mainly adopts the concept of peer education. Because we tend to feel much more comfortable talking to our peers, or simply put, our friends. That, added with the knowledge that SCORA discusses mainly on issues which are considered as taboo and sensitive, it's natural that SCORA uses this method which, in our case, is manifested in the form of Local Peer Education Training.

LPET is a centralized upgrading system which starts from the training of national trainers in the National Peer Education Workshop (NPEW) or Peer Education Superclass (PES). These national trainers are obligated to train other members, then other students, and as a final goal, to generate new trainers amongst the society.

Sexperience is a project where SCORA's members volunteered to provide education and counseling about sexual and reproductive health including HIV/AIDS to the society such as children and teenagers of productive ages, at orphanages, schools, or workplaces so that the awareness can be built early on and spread evenly between cities and rural areas. Through this event it is hoped that the amount of children becoming sexual victims, or eventually performing sexual felony themselves would be reduced exponentially, building a safe environment for future generations.

sexperience

breast cancer awareness month

Breast Cancer Awareness Month is an annual health campaign held by SCORA every October to increase awareness of the disease and offer updated knowledge and information regarding breast cancer and also to support those who are currently living with breast cancer. The campaign consists of multiple activities, such as education and counseling for community, talk show, seminar, competition, long march and many more, that will be held through October.



ACRAL (antenatal care for better life)

ACRAL (Antenatal Care Bersama CIMSA dan IKAMABI) is the project that is held by the joint effort of two Indonesian health student organization which is CIMSA and IKAMABI (Ikatan Mahasiswa Kebidanan Indonesia). This Ante Natal Care pilot project has been held since 2014 at Surabaya, with SCORA CIMSA in local UNAIR and UWKS as the pioneers.

A high number of mother and child mortality especially in Indonesia is the reason why we choose Ante Natal Care as the project between IKAMABI and CIMSA. The government has been planning to reduce maternal mortality to 102 per 100.000 births until 2015. The aim of this project is to prevent the obstetric complication and make sure the complication is detected earlier.

Reducing high risk behaviors, reducing mother and child mortality, reducing the risk of low birth weight, reducing the risk of early labor, and increasing the quality of medical student as future health providers in the field of Maternal Health and Child Mortality ,which is the one of MDGS's point, are the outcomes of this project.



SCORP

Human Rights & Peace

SCORP (Standing Committee on Human Rights and Peace) is one of the six standing committees that engaged in the field of human rights and peace. SCORP facilitates all Indonesian medical students who have an interest and desire to know the issues related to human rights and peace in Indonesia and other countries. SCORP pays attention to refugees, internally displaced people and vulnerable people because this group is the most vulnerable human rights violated, especially rights in the health field. SCORP has four domains of work which are pre and post disaster management, universal health coverage, refugees' health, and vulnerable people.

Goals

1. To provide education in the field of human rights and peace
2. To increase of awareness and educate prospective health professionals in the field of health systems refugees, displaced persons and other vulnerable people
3. To establish a culture of peace, conflict prevention and respect for human rights
4. To be ready to act in order to Achieve a solution to Achieve peace over conflicts
5. To establish and develop multidisciplinary cooperation Relating to Scorp work fields.
6. To Participate, both within the local, national and international, in the field of Refugees / IDPS, displaced persons and other vulnerable people.
7. To cooperate with NGOs (Non Governments Organizations) to create projects or activities related to Scorp work fields.

MISSION STATEMENT

" To promote Human Rights and Peace, as future health care professionals we work towards empowering and improving the health of refugees and other vulnerable people."

Human Rights Day is the anniversary of the publication of the Universal Declaration of Human Rights by the United Nations on December 10th, 1948. Human Rights Day itself falls on each of December 10, and has been appointed as project which is always held worldwide each SCORP year, as human rights is half of SCORP name and the main focus. We organize some campaign and activities to raise our voice regarding human rights, especially those who are vulnerable, so that we can inspire people to have bravery for defending their own rights.

human rights day

SCORP Camp is the annual meeting for all SCORP members across Indonesia. In this project, we give them an experience to live like refugees in a refugees' camp. We also provide disaster management training especially in the pre and post phase like how to manage resources on disaster site, assess the medical and other health-supporting needs of the disaster victims, and how to educate people on disaster prevention, preparedness and mitigation. The training they receive is based on the Sphere Project, an international guideline of minimum health standards on refugees' sites, which was initiated in 1997 by a group of humanitarian non-governmental Organizations (NGOs) and the International Red Cross and Red Crescent Movement. The aim of this guideline was to improve the quality of humanitarian actions during disaster response and to be held accountable for them. Our disaster management trainers are from IBU Foundation, a non-governmental organization that works in disaster management and humanitarian response.

scorp camp





The level of violence in schools is increasing day by day, by students to students, both physical and non-physical (verbal / mental). Because of this reason, SCORP creates a special project to raise awareness about this topic, increase of knowledge of junior high school students about violence and related, expand students' horizons about the impact of violence in all its forms, and improve mental care for others.

anti-bullying education & campaign



international day of peace

International Day of Peace is celebrated every September 21. In 1982, this day was coined in the United Nations General Assembly to commemorate the unification of visions about what the peace of the entire nation and its people. The General Assembly has declared this as a day devoted to strengthening the ideals of peace both within and among all nations and peoples. Therefore, SCORP organized some campaigns related peace issues to commemorate this moment

galaksi tab

One of the main mission of SCORP since the very beginning is to increase public awareness about the importance of management towards refugee, vulnerable people (related to healthcare system), and the violation of human rights. Refugees have become one of the most vulnerable populations among all since their quality of life is going down instantly. Their condition gets worse with the inadequate condition of the refugee camps. Thus, lead to various health problems. Because of that, as one of CIMSA Standing Committee that concerning in refugee's health, SCORP CIMSA decided to arrange a fundraising program to help assisting the facilities and infrastructural needs of refugee in refugee's camp.

The goals of this project are to increase people awareness about refugee's problems and help assisting the needs of refugee in post disaster management (recover, rehabilitation, and reconstruction). GALAKSI TAB (Galakan Aksi Tanggap Bencana) will be open to disaster areas which meet disaster criteria. The difference about this fundraising program is that SCORP CIMSA not only gathers the donation, but also delivers it directly to the refugees in the form of goods that they urgently needed. To speed up delivery of the donation, SCORP CIMSA form CHRT (CIMSA Humanitarian Response Team) which consists of SCORP members and has tasks to assess and buy every refugees needs. For international disasters, we deliver the donation through SCORP IFMSA around the world. We believe this action would have a great impact to improving the refugee's health and recovery.



cimsa's humanitarian response team

CIMSA's Humanitarian Response Team (CHRT) is a special team that have been trained to do humanitarian action such as assess the refugees' needs, keep the refugees health, and build a good and decent refugees camp. This team is also in charge to distribute the donation from GALAKSI TAB to the disaster sites. CIMSA Humanitarian Response Team is created in all CIMSA locals. So that if there is any disaster around their locals, the team can help the victims immediately.



SCOPH

Public Health

SCOPH stands for Standing Committee on Public Health works through health promotion and education as well as diseases' prevention to the society. SCOPH focuses on Non Communicable Disease, Universal Health Coverage, Social & Environmental Determinants of Health, and many more. SCOPH CIMSA has initiated several programs that aim to increase the health quality within the society. These programs have been done through social media campaigns, health services, seminars and other events that were done by medical students.

Goals

1. To improve awareness and knowledge of the community about public health
2. To trigger Indonesian medical students' awareness about public health related issues
3. To facilitate Indonesian medical students' activity in public health to provide opportunities for medical student's to be involved in a real work concerning public health
4. To create programs (of public health) that are fit with Indonesia's current conditions and needs.
5. To cooperate and to build partnership with governmental organization and/or non-governmental organization that

indonesian disease today

Indonesian Disease Today (IDT) as SCOPH's national meeting is a community development based-project which aims to increase team members' quality upon public health issues and improve the awareness towards certain disease. In addition, it also persuades members improving health quality within the society. In IDT, participants will be given essential diseases' knowledge and health promotion regarding raised health issues. Besides that, participants will be joining live in-program to analyze risk factors contribute to diseases' development as well as educate the society. Not only that, participants get the chance to obtain skills from the NPC (National Public Health Committee) to improve public speaking, leadership, fundraising, project management, publication, and community development's skills.

IDT was initiated in 2012 with dengue as the topic. In 2013, Non-Communicable disease and 2014 Tuberculosis as the topic. In 2016, SCOPH CIMSA will raise a topic about "Overcoming Leprosy : Raising Awareness and Fighting Stigma to Create a Better Life for Leprosy Patients"

world no tobacco day

People in Indonesia are not spared from cigarette's smoke exposure until we are recognized as the country which has the most smokers in the world, approximately 58 million. On the other hand, most of the disease' risk factor is smoking. In this issue, SCOPH CIMSA raises the awareness upon the risks caused by smoking. Through World No Tobacco Day's campaign which is celebrated at May 31st, SCOPH CIMSA educates the society to decrease the number of smoking habit.



world diabetes day ft. persadia

According to the International Federation of Diabetes, 387 million people worldwide have diabetes, with 138 million people were recorded from the Western Pacific region. According to this, 9 million people in Indonesia are diagnosed with diabetes. Thus, lead Indonesia as the top 4 country that has the highest diabetes prevalence. Meanwhile, according to the Ministry of Health of the Republic of Indonesia, diabetes was ranked as the top 6th leading cause of death in Indonesia. When someone gets a diagnosis of diabetes, then that person's life will change dramatically. However, diabetes is a disease that can be controlled and the risk of complications in diabetes can be reduced with lifestyle management. Therefore, we create an annual project based on this issue and held every 14 November 2015, also to commemorate World Diabetes Day as well. The aims of this project are increase public and medical students' awareness about diabetes, increase society and medical students' knowledge about lifestyle and a healthy diet as a way to prevent diabetes and its complications, and maintaining & promoting healthy lifestyle and healthy diet to a group of people to prevent diabetes.

To make this project more impactful, SCOPH CIMSA partnered with PERSADIA (Persatuan Diabetes Indonesia) in 2014. The theme for 2014 – 2016 is “Healthy Living and Diabetes”, to spread this key messages about the healthy living, we arranged fun bike, fun walk, and Diabetes aerobic exercise for public as a prevention of Diabetes. We also provide glucose check-up supported by PERSADIA. To educate people about diabetes, we arranged social media campaign and seminars about this disease. In the end, we are committed to continue this partnership with PERSADIA so that together we can create more innovative and impactful project to prevent and cure Diabetes.



SCOME

Medical Education

SCOME (Standing Committee on Medical Education) is one of standing committees that works on development of Indonesia medical education's system and also as forum for Indonesian medical student to develop their knowledges and skills in medical field. It is our vision to create a qualified and competitive Medical Human Resources in order to have the ability to face every change in local and global scale. SCOME is committed to do an active effort to support medical students in receiving a comprehensive medical education.

SCOME strives to improve medical education's quality in Indonesia therefore often deals with curriculum review, study skills and a variety of other related areas. SCOME also undertakes the responsibility of creating awareness about health education issues that relevant to surrounding local community in Indonesia. Through SCOME, medical students of Indonesia collaborate to develop medical education in Indonesia by doing projects and activities to give the opportunity for medical student to participate in their medical education's system at local, national, and international activities.

Goals

1. To promote medical education system and curriculum's reformation to improve medical education.
2. To increase students, community, policy makers in medical field and government's awareness of the importance of medical education development.
3. To strengthen the network and resources for medical students in order to establish a qualified health workers.
4. To expand education and training opportunities for medical students to improve the quality of Indonesia medical resources in the face of changes in local and global scale.

MISSION STATEMENT

"We aim to achieve excellence in medical education throughout the world."



make me up

Make ME Up (Make Medical Education Update) is a private yearly meeting for SCOME members in Indonesia. In this meeting, we discuss the latest info about global health, from education system, human resources for health, until health problem. Make ME Up also provide a place for SCOME members to understand work scope of SCOME and get to know the National Committee of SCOME. This year, we talked about "Primary Physicians Programs" and the impacts to health professional in Indonesia.

MET

Medical Education Training (MET) is a new version of SCOME project this year that developed from last year known as Local Upgrading. The aim of this project is to create human resources of SCOME and also raise awareness about the role of medical students, make a great contribution to medical education through projects. Training our members in student representation and medical education shapes not only the quality of our future doctors, but also the quality of healthcare.



medprobe

MedProbe (Medical Profession and Beyond) 2015 is a joint project between Center for Indonesian Medical Students' Activities (CIMSA), Asian Medical Students' Association (AMSA), and Indonesian Medical Student Executive Boards' Association (ISMKI). The purpose of this project is to make medical student know their choice of career in medical profession and other choice of study after they finish their undergraduate. The method of this event was seminar, talk show, and edu-fair. This project was first held on 2013 by SCOME CIMSA UPH Jakarta which known as Career Day

breaking the silence

Disability is closely related to both physical and mental health. Disability mostly based on various health problems and disability conditions might also affect health. The health sector plays a role in the prevention process to the rehabilitation process. In order to support healthcare system nowadays, people with disabilities also need a special and affordable services related to the disability they have. Breaking The Silence is an adoption from IFMSA International Project. This project has been held in many countries, since last three years. Indonesia has also started to hold this project. BTS is held by almost every local of SCOME CIMSA. The goals of this project are; medical students are able to do the anamnesis using the basic sign language, medical students are able to face patients with disabilities, especially those with communicational limitations, and medical students are able to perform assessments toward the quality of healthcare providers as well as the evaluation of healthcare services, especially for people with disabilities.

Breaking the silence discuss about how to communicate in sign language. The event is divided in two sessions. First session is a seminar/discussion about basic vocabulary and grammar of sign language and the second session is training for the participants to practice the sign language to deaf patients. But every local of SCOME CIMSA have authority with their own creativity to develop this project. We cooperate with an organization of deaf community in Indonesia which is GERKATIN (Gerakan Kesejahteraan untuk Tunarungu Indonesia). Gerkatin is a deaf disability organization in Indonesia which is entirely managed by disabled people with hearing impairment. Gerkatin is also an official member of the Indonesian National Council of Social Welfare (DNIKS) and the World Federation of the Deaf (World Federation of the Deaf – WFD). Gerkatin facilitates this project with speakers and trainer to educate medical students of Indonesia to be able using sign language as a communication with the deaf people.





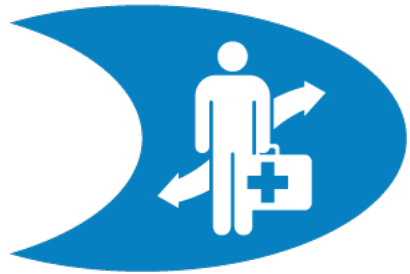
national doctors' day

National Doctors' Day or we called Hari Dokter Nasional is one of SCOME project that is always held every year in 24th October. National doctors' day held to appreciate all doctors in Indonesia and also to make the medical students aware with their own responsibilities and duties. National doctors' day also held to give illustration for medical student about their life in the future. In the future, the medical student must become professional and competent doctor. This project held to become a reflection for doctors and medical students about their responsibility. As a doctor, we have to develop our knowledge and ability about medicine and always keep our good and professional attitude.



national health collaboration day

National Health Collaboration Day is a day to celebrate the collaboration between the medical personnel one another. In 2014, 12th October was established as national health collaboration day by 9 health students' organization in Indonesia. This project is held to support inter professional education and collaboration. Inter Professional Education refers to occasion or opportunity when students from more than one profession in health and social care learn together during all or part of their professional training with the object of collaborative practice to provide patient-centered health care.



SCOPE

Professional Exchange

SCOPE (Standing Committee on Professional Exchange) facilitates all medical students who want to have an experience in medical fields abroad through Professional Exchange program. The Professional Exchange program is a full educational program offering clerkships to medical students abroad. Annually, more than 13.000 students from 90 countries travel around the world to discover new health systems, new cultures and to enhance their global health and intercultural understanding.

Each year, more than 13.000 medical students embark on a journey to explore health care delivery and health systems in different cultural and social settings. This is achieved by providing a network of locally and internationally active students that globally facilitate access to research and clinical exchange projects, which usually last four weeks. Through our programming and opportunities, we aim to develop both culturally sensitive students and skilled researchers intent on shaping the world of science in the upcoming future. Our exchanges programs are key promoter of intercultural understanding and cooperation amongst medical students and health professionals, which much needed in our globalized world as IFMSA believes.

All exchanges last for four weeks, and are handled in a bilateral basis. The students are offered a spot in the department of their choice, as well as lodging, accommodation and often a social program. They are assigned a tutor during their entire exchange that makes sure that the students are actively participating and improving their skills.

MISSION STATEMENT

“To promote cultural understanding and co-operation amongst medical students and all health professionals through the facilitation of international student exchanges. Also, to give all students the opportunity to learn about global health, and attains this partly by having its exchanges accredited by medical faculties across the world.”

Goals

1. To increase the mobility and to widen the horizon of medical students worldwide;
2. To provide medical students with the possibility to experience healthcare in another culture with different health and education systems, and to learn how differences in culture and beliefs are of influence;
3. To create possibilities for medical students to learn about global health issues, primary health concerns and basic epidemiology of the host country, and how it differs from their home country;
4. To contribute to the education of a future health professionals with a global vision and to contribute to medical students personal development, self-reliance and openness in becoming future health professionals;
5. To provide students with the chance to improve their medical knowledge, their vision on medical issues and their practical knowledge depending on the regulations of the host country;
6. To facilitate the connection of medical students and other health professionals and to provide a platform for future cooperation amongst medical students with each other and with health professionals across the globe;
7. To maintain affordable professional exchange tuition through its governing body to ensure that medical students within the National Member Organizations can participate in the exchanges with a minimal financial burden;
8. To make sure students are aware of the ethical aspects regarding their exchange to assure the burden on society, patients, the resources and the healthcare system is as limited as possible;
9. To promote tolerance towards differences and similarities within health and towards patients regardless of their sex, religion, or beliefs.



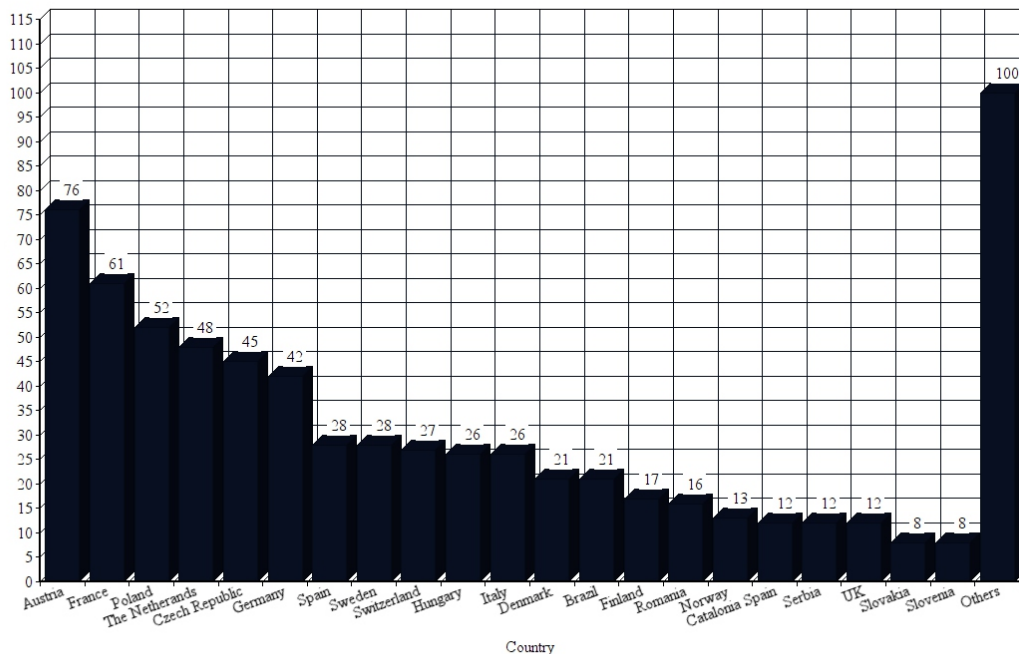
incoming hosting

SCOPE helps foreign students who want to experience clinical clerkship in hospitals or teaching hospitals in Indonesia through administration procedures as well as helping the exchange student to adapt during the period of his/her clerkship in Indonesia. SCOPE also engages foreign students to participate in cultural and social activities, as a way to introduce all aspects of life in Indonesia.

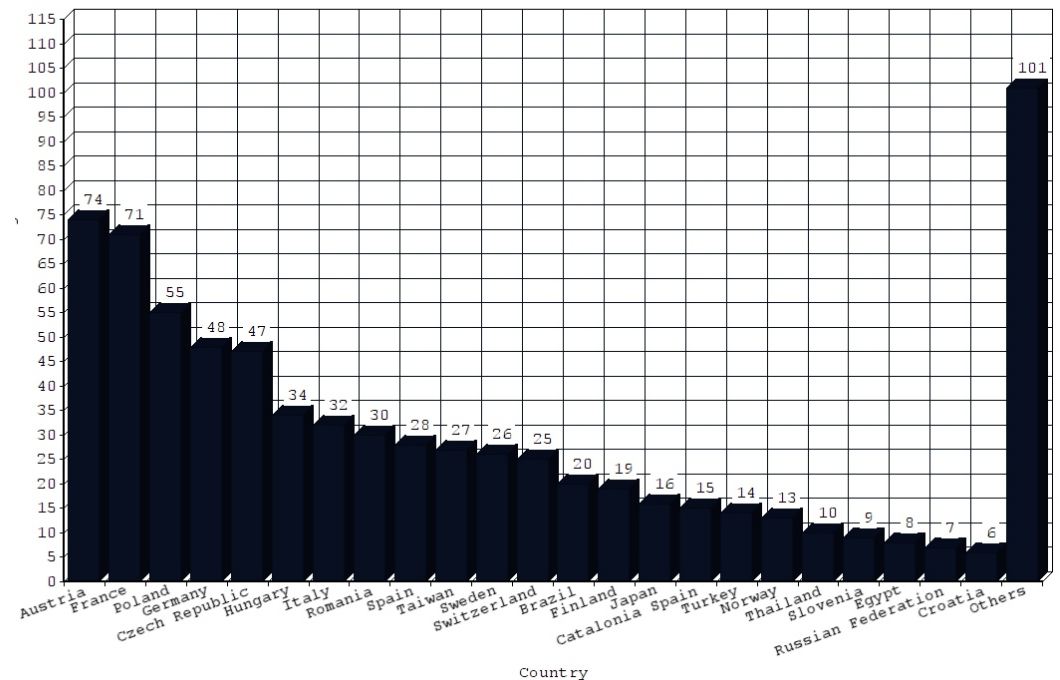
For the Outgoings, SCOPE CIMSA facilitates Indonesian medical students who have the interest and ability to experience clerkship abroad by helping with the processing of the documents and administration required by the destination country that we already have contract with in accordance with the regulations.

outgoing sending

INCOMINGS - INDONESIA (2006-2013)



OUTGOINGS - INDONESIA (2006-2013)



exchange fair

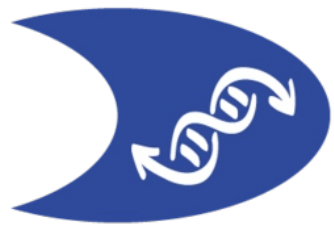
In order to promote our exchange program, we also have exchange fair which is held by each local committee. The concept of the exchange fair can be various as long as they can accomplish the main goals, which are to introduce our exchange program and also persuade medical students to apply for the exchange.



pre-departure training

This training is conducted for our outgoing students. It is training where we educate the outgoing students not only about how to survive in their destination countries but also to prepare them to be a good outgoing. To assure that they have a good clinical skill and also oblige them to make an exchange report in the end of their clerkship so we can keep our good academic quality. This is important since each of outgoing may have different expectations about their exchange and hopefully with this training they will understand what might happen and will not be shocked once they've arrived in the destination country.





STANDING COMMITTEE ON

RESEARCH EXCHANGE

Standing Committee on Research Exchange (SCORE) is one of the 6 standing committees of the International Federation of Medical Students' Associations (IFMSA). SCORE involves more than 70 active National Member Organizations, offering over 2800 research projects to provide over 1800 medical students worldwide the opportunity to participate in IFMSA research exchange program and learn the basic principles of medical research such as literature studies, collecting data, scientific writing, lab work, statistics and ethical aspects related to the medicine.

Goals

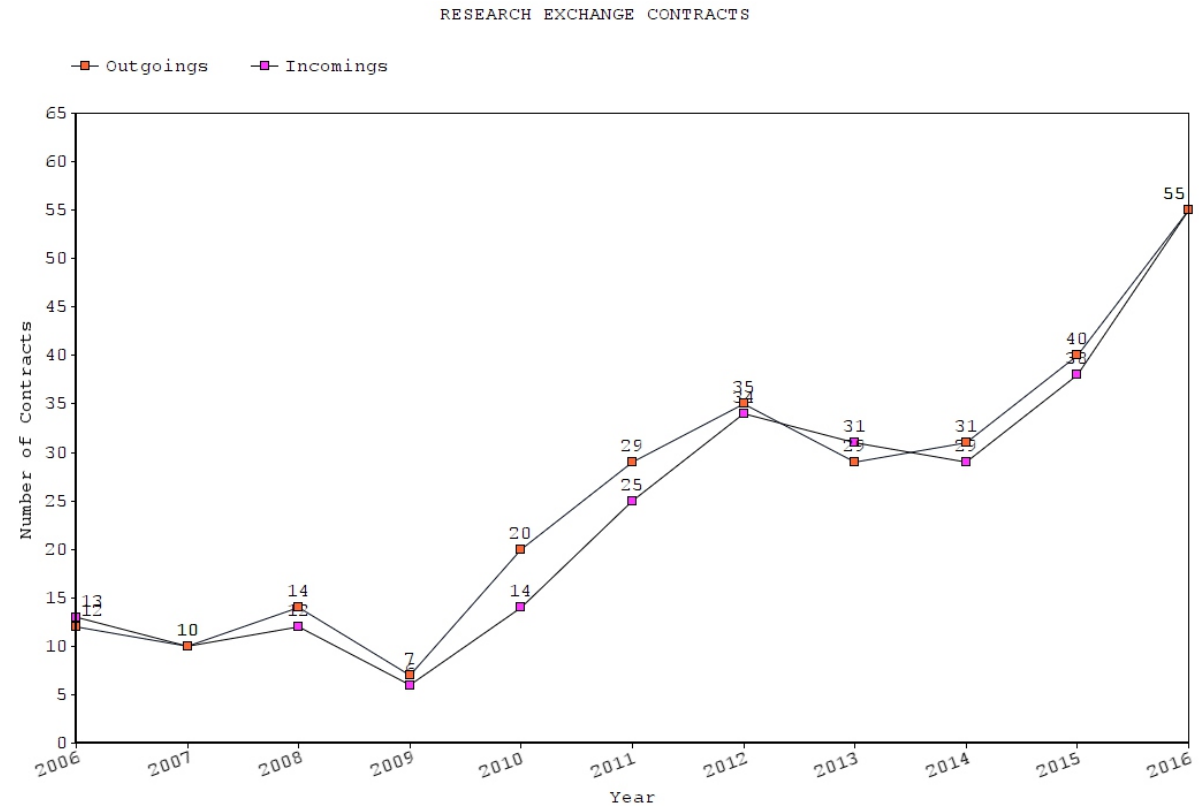
1. To provide research projects in medical curricula in order enabling medical students worldwide to take responsibility for their own curriculum according to their personal interests and to introduce them to the basic principles of medical research.
2. To increase the mobility and widen the horizon of medical students worldwide providing them with the possibility to experience different approaches in medical research, education and treatment by partaking in research projects in other countries.
3. To enhance the academic quality of the medical student curricula and achieve educational benefits of practical and theoretical knowledge in the field of medical research either on basic science or on clinical science with / without lab work.
4. To facilitate collaboration and partnership between different medical universities/schools, research institutions and allied medical students across the globe in order to share and spread new achievements in the field of medical research.
5. To maintain affordable research exchange tuition through its governing body to insure that medical students within the different IFMSA NMOs across the world can participate in this IFMSA program without incurring a financial burden.

MISSION STATEMENT

“To offer future physicians an opportunity to experience research work and the diversity of countries all over the world. Also, to develop both culturally sensitive students and skilled researchers intent on shaping the world of science in the upcoming future.”

research exchange program

This program is the core of Research Exchange activities in SCORE all around the world. It relates one IFMSA National Member Organizations (NMOs) to each other by sending and receiving outgoing and incoming students respectively. Research Exchange programs need research exchange projects. The projects depend on the specific knowledge that is chosen by the students, and which is already meet the requirements and standard set by International Federation of Medical Student Associations (IFMSA). The exchange will (mostly) take 4 weeks or more, depending on the project.



T-REX

T-REX (Training of Research Exchange) is an annual training of Standing Committee on Research Exchange which has goals, This training has been held for two years and the main goals of this training are to improve the quality of SCORE's member all over Indonesia, to give a more detailed knowledge regarding research and exchange to all members, to be a moment of gathering for all new members for getting know SCORE deeper, and to improve internal unity in SCORE.

SCORE goes public

SCORE Goes Public is a national project that must be implemented in each Local Committees. Through this project the SCORE members can improve their knowledge and training ability in research and also be able to provide some benefits to CIMSA and the surrounding communities. Methods and phased implementation is divided into 4 levels. From the lesson about research itself to SCORE member, until its implementation in Community.



SGP Extreme is the extended level of SCORE Goes Public (SGP). This program is an annual project, held by all local committee of SCORE in Indonesia, bringing latest health issues, involving hundreds of medical students from all over Indonesia. This project aims to increase the knowledge and ability of SCORE members in research, to increase motivation SCORE members to continue working mainly in the field of research, and many specific goals depend on the health issues theme raised every year. This project has been held for two years. In 2014, SGP Extreme has collaborated with World Health Organization (WHO) as the partner for funding and materials needed that bring the topics about Medical Students' Knowledge in Indonesian Health System: JKN. The goal of this project is to raise medical students' knowledge and concern about National Health Insurance System so later in life hopefully they will take parts in supporting it. This project was held in 6 locals of CIMSA, that is, Riau University (Riau), Andalas University (Padang), University of Indonesia (Jakarta), Sebelas Maret University (Solo), Brawijaya University (Malang), and Airlangga University (Surabaya). The form of this project was a pre and post questionnaire associated with seminar about National Health Insurance System towards 1st – 3rd –year medical students in each Local.

We successfully managed this projects measured by our quality control system. The indicators of success of this project were; the number of participants of each local reach 120 students, the increasing of knowledge and understanding of targeted participants about the materials given during the seminar which noted by monitoring the score of pre and post questionnaire. The goals and the indicators of success of this project had been reached with 720 students as the total number of participants of the whole projects. We hope that in the future, CIMSA and WHO could have many more project collaboration to improve Indonesia's health.

SGP extreme ft. WHO



PRET (Professional and Research Exchange Training) is an International meeting of the IFMSA, where exchange officers and exchange motivated students from a region can meet and participate in trainings, workshops and small working groups. This is a trans-SCO project between Standing Committee on Research Exchange and Standing Committee on Professional Exchange. Its goal is to motivate participants and make them feel being a part of IFMSA, especially SCOPE/SCORE team. In Indonesia, CIMSA adapt this meeting as a SCORE-SCOPE national meeting, and in 2016, there will be the 1st CIMSA Professional and Research Exchange Training in Indonesia.

PRET

GAP Exchange

GAP (Global Action Project) Exchange Indonesia is an annual project of SCORE with cooperation from Standing Committee on Public Health (SCOPH) held by one or more local committees of SCORE. The theme of this project is about endemic disease in Indonesia, especially Neglected Tropical Diseases (NTDs). Powered by IFMSA (International Federation of Medical Students' Associations), GAP Exchange gives opportunities for medical students in Indonesia and all around the world to get involved in research project established by the medical students themselves, and supervised by tutors or professors from hosting locals. With the expected role of medical students Indonesia and around the world as agents of change, GAP Exchange aims to empower medical students with new experience of research and to be able to implement the knowledge in their further lives as medical students and future doctors.



OUR CORE ACTIVITIES

sustainable projects
community development
meetings
trainings
international



SUSTAINABLE PROJECTS



The mission of CIMSA itself is empowering medical students, improving nation's health. One of the most possible ways to improve nation's health is to conduct a program; such as event, campaign, project, etc. All of these activities will certainly make an impact to both executor and the targeted participants.

Project in general is a planned work or activity which is completed over a period of time and intended to achieve particular aims. In the other hand, sustainability refers to the continuation of project's goal, principles, and efforts to achieve desired outcomes. Ensuring sustainability means making sure that the goals of the project continue to be met through activities that are consistent with the current condition.

The keyword of sustainable project itself is the development or the initiation of a system to achieve the targeted aims. Therefore, Sustainable project is a series of planned activities that are continuing in some period of time and resulting sustainable impacts, and the main purpose of this activities is to initiate or develop a system to achieve the targeted goals.

We believed that with our sustainable projects, we can deliver big impacts to the society. Before we create some projects, we are doing assessment first to figure out the main problems in the society and find the right solution for the problems. Assessment is the most crucial part for creating sustainable projects, so that we make an assessment data system that organized by our Research and Development Director. All our assessment results before and after projects are processed and interpreted to find conclusion. Hopefully with our assessment data system, we can help to give real portraits of our nation's problems especially in health and can be references for all people to create the solutions.



One of the main focuses of CIMSA is an activity based programs known as sustainable projects. One of the actual-form of sustainable project is a community development. CIMSA currently have more than 30 active community development program which implemented in 18 locals of CIMSA.

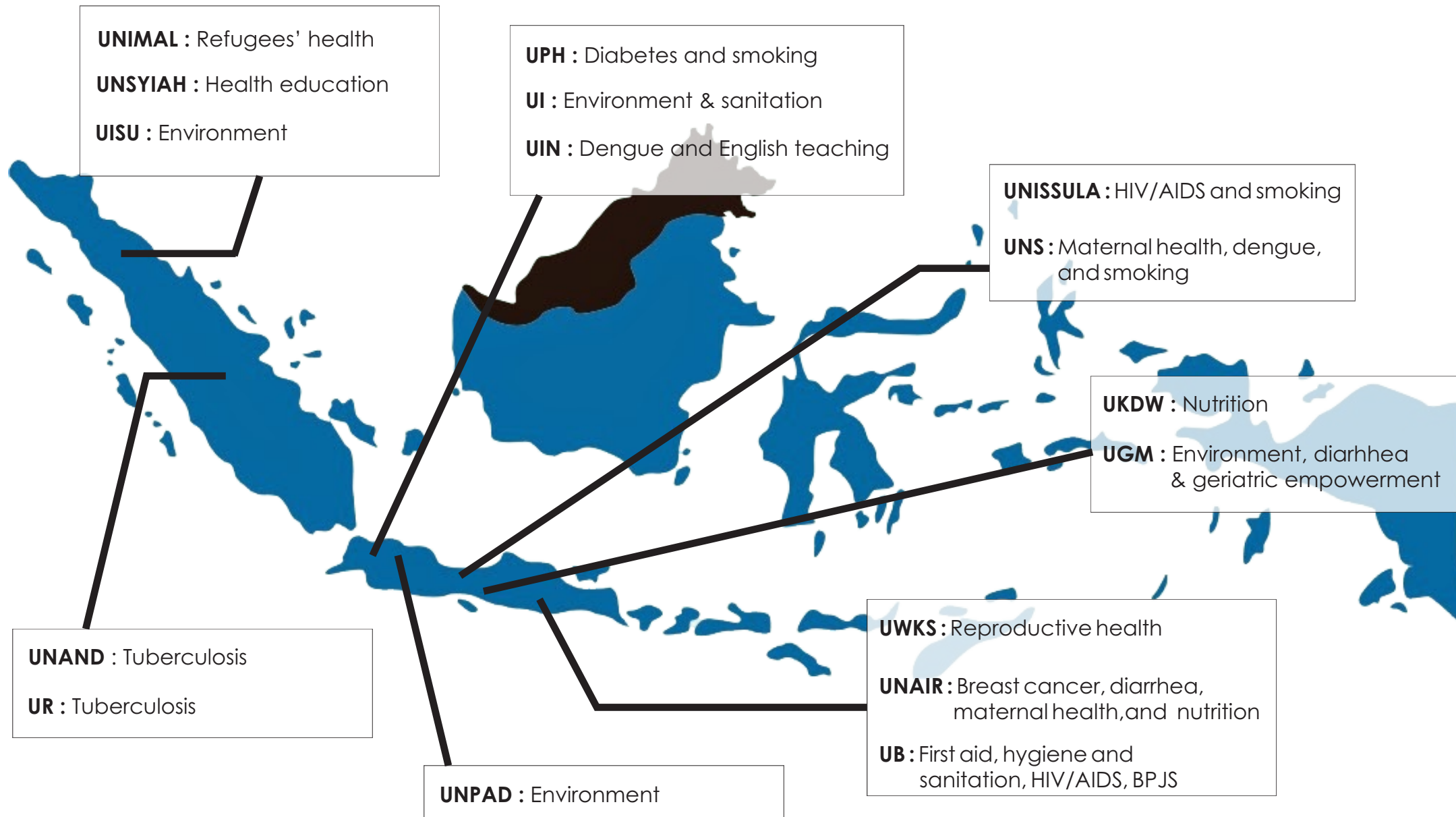
Community is a group of people who live and interact with each other, which have similarities in such thing as geography, history, language, beliefs, interests, etc. The word "Development" here means changing, and also means improving the quality of life. Based on the explanation of the words "community" and "development", it can be concluded that Community Development is a process that involves a community that aims to improve their social, economic, and environmental quality of the targeted communities. This process is carried out by the community for the community, so the community has an important role within their own environment. The results of community development-based programs are determine by the changing of the targeted community's attitude and behavior, the utilization of their expertise / skills, the way they handled their problems, and the utilization of existing assets by local residents. Community Development is intended to improve the targeted community's quality of life.

Every community development-based programs of CIMSA begins with an assessment in order to get the most accurate information of the topic and the targeted community and determine the problems found during the assessment process. One of the most important stages of community development is assessment process. Without assessment, it would be difficult to conduct a good project. The assessment process is carried out by extracting the information from the "Department of Health" in each city of CIMSA's locals, independent survey to the relevant institutions, and direct survey. Themes that are used by each local for their community development-based projects are varying. Some Locals choose tuberculosis, HIV / AIDS, maternal health, dengue fever, diarrhea, etc. depend on the problems found during the assessment process. To support each community development programs, CIMSA Locals develop cooperation with relevant parties such as Governmental and Non-Governmental Organization.

COMMUNITY DEVELOPMENT



our locals community development



NATIONAL MEETINGS

One of our goals is to provide a forum for Indonesian medical students to discuss topics related to health and education. Therefore, every year CIMSA holds its annual meetings on February, May, and October. Each meeting has specific goals, target, and strategies designed by CIMSA national officer. The core activities on our meetings are Grand Lecture and Issue Update, Trainings, Plenary Session, Parallel Sessions, and Small Working Group Discussions. In the end, the output of these meetings will be implemented in our locals' activities.

October Meeting

Focus: Strategic planning and bonding

National Leadership Summit

Focus: Trainings and issues update

May Meeting

Focus: Evaluation and regeneration





TRAININGS

As the actors of change, we have to improve our skills to be ready facing global issues on our society. Therefore, we developed a training system for our members to improve their soft skill and hard skill so that they can implement it when they are doing projects or even until they become future doctors. In our training system, our members are not only playing role as the objects (trainee) but also the subjects (trainer). When they already became a trainer, they can give a training lesson for our new members with our integrated-standard modules as references. That's what makes CIMSA Training can be independent. Our training system also synchronizes with IFMSA trainings, so that we can provide international trainings for all medical students in Indonesia to be participated. We aim to improve all Indonesian medical students' knowledge and skills on global issues based on our Standing Committees that we have. There are five types of our international trainings, PRET (Professional and Research Exchange Training), Training Medical Education Trainers (TMET), Public Health Training Camp (PHTC), Local Peer Education Training (LPET), and Training New Human Rights Trainers (TNHRT). And every year, we always evaluate and control the quality of our trainings so that we can make some improvement and give the best for all medical students' in Indonesia.



International Federation of Medical Students' Association is a non-profit, non-governmental, and non-partisan federation representing associations of medical students internationally. Since 1951, IFMSA has been run for and by medical students around the world. IFMSA has been recognized in United Nations system and the World Health Organization. Since 2002, CIMSA has been affiliated with IFMSA and together with other NMO around the world making impacts to improving world's health.

INTER NATIONAL



IFMSA

International Federation of
Medical Students' Associations



INTERNATIONAL MEETINGS

IFMSA General Assembly (GA)

IFMSA General Assemblies are among the biggest youth-led events around the world. This GA held twice a year in March and August and attended by over 800 medical students from more than 100 countries. The IFMSA General Assemblies hope to inspire the next generation of future health professionals to become leaders and advocates through exchange of ideas, networking, and learning.

Asia-Pacific Regional Meeting

Asia-Pacific Regional Meeting is a meeting for IFMSA members in Asia-Pacific region including CIMSA. The main purpose of this meeting is to discuss global health, education, disaster management in Asia-Pacific region.

Objectives:

1. To create network among medical students in IFMSA Asia-Pacific Region, build friendship, and sharing knowledge
2. Equip medical students leadership and management skills through trainings
3. Educate medical students on the emerging burden disease and its subsequent therapeutic management

SUBREGIONAL TRAINING

Sub Regional Training is an international meeting supported by IFMSA, where members and motivated medical students from region or sub-region can meet and participate in trainings, workshops, and small working groups.

The SRT that have been organized so far are International Peer Education Training (IPET), Training New Trainers (TNT), Training Old Trainers (TOT), Training New Human Rights Trainers (TNHRT), Training Medical Education Trainers (TMET), and many more.

INTERNATIONAL SUMMER COURSE

International summer courses have been our annual international events. In these international summer courses, we gather all medical students worldwide to have experience studying medicine in Indonesia and also to introduce our wonderful culture. The examples of international summer courses that we've been already organized are GAMAMORSE, ITMSS, and TESS.

GAMAMORSE has been held in Yogyakarta. GAMAMORSE provides comprehensive knowledge and experiences about NTDs (Neglected Tropical Diseases) in Indonesia. From 11 Lectures and panel discussion about case management until global response towards NTDs. The knowledge not only given in the class but also from practical session to give the participants real hands on experience. After that the participants also have the chance to observe Insectarium by Eliminate Dengue Project (EDP), Primary Health Care in Indonesia, and giving health education to elementary students and also having interaction with local people who resides in Kali Code. ITMSS is a unique summer school program combining the academic and student's activities. The aims of the summer school are to broaden the students' knowledge in the emerging tropical medicine diseases, able to perform physical examinations, laboratory findings, diagnose and treatments in the modified Problem Based Learning (PBL) system. ITMSS was first held on the year 2005, as the first ever summer school held in Indonesia and is currently the leading and the biggest. ITMSS has two main activities: academic and tourism (social programs). For the academic activities, the main topics are Dengue Hemorrhagic Fever (DHF), Malaria, and Tuberculosis (TBC). Participants will be given lectures by experts, have tutorials, plenary discussions, hospital visits to affiliated hospitals, laboratory works, and endemic/non-endemic area visiting. As for the social programs, participants will be able to go to cultural places in Yogyakarta such as the Sultan Palace, Taman Sari Water Castle, Borobudur Temple, Prambanan Temple,



EXTERNAL RELATIONS

GOVERNMENT ORGANIZATION



Kementerian Kesehatan
Republik Indonesia



INTERNATIONAL ORGANIZATION



World Health
Organization



NON-GOVERNMENT ORGANIZATION



MEDIA PARTNER



Indonesia
Association for the
Welfare of the Deaf



Indonesia Diabetes
Association

MEMBERSHIP PARTNER



CONNECT WITH US!



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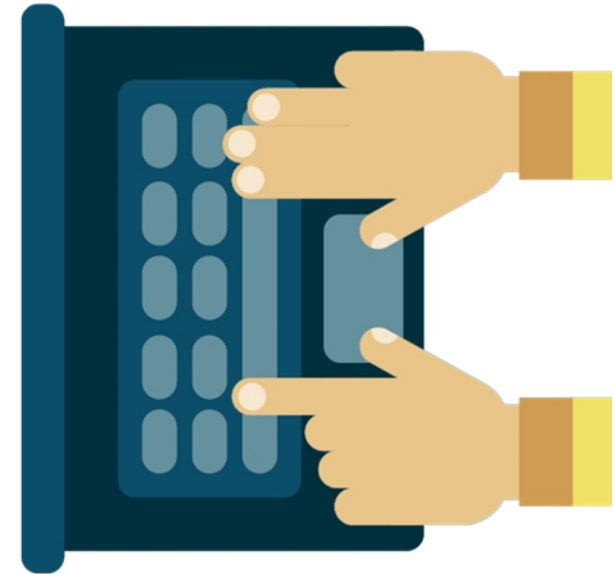
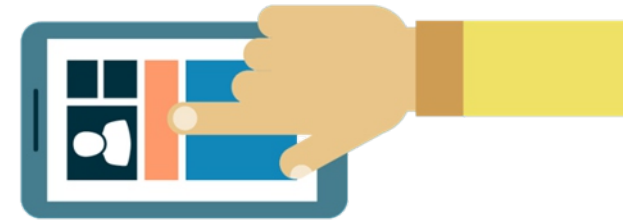
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“Think globally, act locally.

CIMSA is the next big thing”

Prof. H. Laode. M. Kamaluddin, M.Sc, M.Eng, Ph.D
Chairman of Indonesia Rector Forum 2013

